

CrossTraits® Self-Quiz

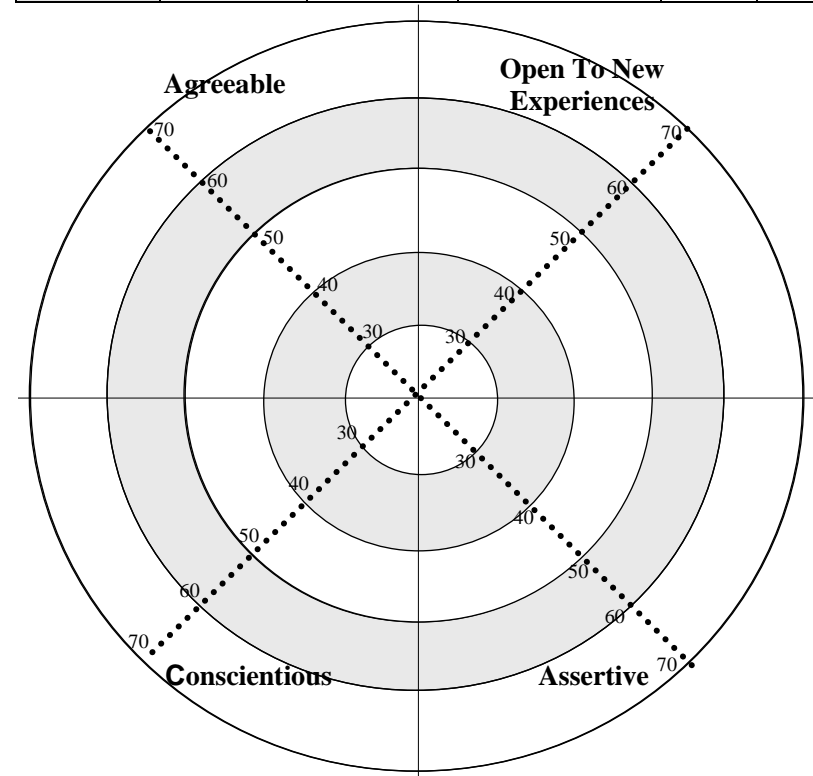
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(360 337-1013)

I would describe myself as: (1 is lowest, 5 is highest)

Good Natured	1-2-3-4-5			
Enterprising		1-2-3-4-5		
Extroverted			1-2-3-4-5	
Conscientious				1-2-3-4-5
Friendly	1-2-3-4-5			
Adventurous		1-2-3-4-5		
Talkative			1-2-3-4-5	
Industrious				1-2-3-4-5
Cooperative	1-2-3-4-5			
Open to new experiences		1-2-3-4-5		
Outgoing			1-2-3-4-5	
Precise				1-2-3-4-5
Agreeable	1-2-3-4-5			
Adapts well		1-2-3-4-5		
Take-charge			1-2-3-4-5	
Task-oriented				1-2-3-4-5
Sub-totals	<u>Agreeable</u>	<u>Open</u>	<u>Assertive</u>	<u>Conscientious</u>

Rank	Normed score	Agreeable	Conscientious	Open	Assertive
Extr. low	30	8	8	11	7.6
Very low	35	11.5	10.5	11.5	8.5
Low	40	13	12	13	9.8
Low ave	45	15.5	13	14.5	12.3
Ave	50	16	15.2	16.2	15
High Ave	55	17	16	17.2	16.2
High	60	18	17.8	18.2	17.9
Very high	65	19	18.8	19	19
Extr. high	70	20	20	20	19.7



Trait scores must be normed so that you can compare them to others. To determine your normed scores, locate your raw sub-total for each trait in the corresponding column in the table on the back of this card. Next, find the rank of each sub-total score by finding the description in the far-left column of the table. For example, if your score for Conscientious is 15, find the **Conscientious** column and move down the numbers in that column until you find the number closest in value to 15, which in this example, is actually 15.2. Next move your eye to the left, across the same row, until you reach the far-left **Rank** column. There you will discover that a score of 15 in Conscientious is equivalent to a rank of **average** among all that have taken this test.

Find your normed scores for all four traits. Draw a little circle along the appropriate cross-arm on the scoring chart for each trait. Connect the dots to form a four-sided figure. Don't be surprised if your chart is not square; they rarely are.

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